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SUMMER/FALL ISSUE
VOLUME 2, ISSUE 1

GLOBAL LEADER

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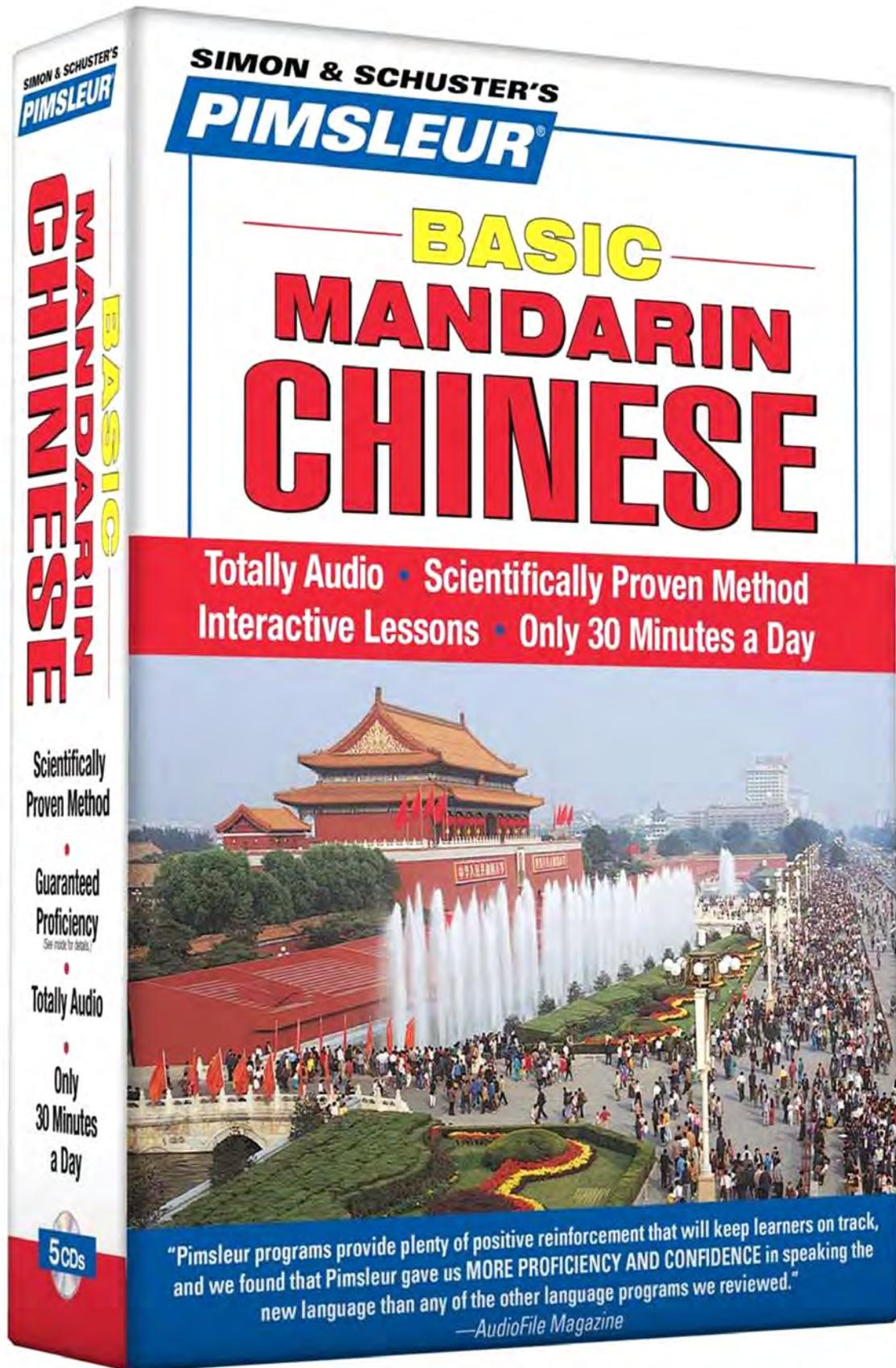
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Global Leader Today

Volume 2, Issue 1

Summer/Fall Issue

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Global Leader Today [ISSN 2471-6537 (print)
ISSN 2471-6545 (online)] is published to highlight
the world's young entrepreneurial and innovative
leaders who are enacting change and influence now.

The issue is published quarterly by Global Leader
Today, 399 N D Street, San Bernardino, CA 92401.

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Letter from the Publisher



Dear Readers,

Welcome to the Summer/Fall issue of *Global Leader Today* magazine. As we approach the holidays, I want to remind you all of the importance of family. The foundation of an individual's success, a company's success, or a nation's success lies in the strength, communication and bonds between family members. Here at *Global Leader Today* and American Global Prep School (a school I founded in Phnom Penh, Cambodia over two years ago) we consider our staff and students as members of our greater family, and we appreciate them all.

Due to the overwhelming positive response of the four previous issues, I have decided to expand the scope of our magazine to include sections on arts and technology. When I was your age, I experienced the phenomenon known as "The Beatles." When Alex Schrader, our Editor-in-chief, and I were walking through the streets of Seoul, Gangnam, we saw first-hand the immense popularity of K-Pop music. It is more than a trend, it is a cultural movement, and those young performers are inspiring kids all around the world to seek careers in music. In this issue, as well as future issues, we will profile popular K-Pop bands and provide video interviews with them on our *Global Leader Today* Facebook page and *Global Beat* YouTube channel. We will also profile the thriving gaming community in South-East Asia, as well as the latest games and advancements in technology. I am excited at the direction we are taking and I am equally excited about the future.

Regards,
Dr. Harry Hwang
Publisher
Global Leader Today

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SING LIKE NO ONE'S LISTENING
LOVE LIKE
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PLAY LIKE THERE'S
NO WINNERS
BEHAVE LIKE MOM'S WATCHING
GIVE LIKE YOU HAVE PLENTY
AND SMILE

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“The Boy Genius”

By Alex Schrader

A PROFILE OF VITALIK BUTERIN

“I remember knowing, for a while, for a long time, that I was kind of abnormal in some sense.” Every great industry has had its boy genius; a young man with a certain *je ne sais quoi* that marks their distinction from all the rest. Motion pictures had the doomed Irving Thalberg. Cars had the visionary Henry Ford. Computers had the mercurial Steve Jobs. The cryptocurrency world – a world which is upending the very way we do business and value currency – has Vitalik Buterin.

Born in Russia on January 31st, 1994, Vitalik’s Computer Programmer father moved the family to Canada in early 2000. At that age, he was predisposed to math and programming and could add three-digit numbers in his head twice as fast as a normal human being. Pegged as a math whiz, he was quite lonely and found solace in the world of games. Like many teenagers, Vitalik spent a considerable amount of time playing World of Warcraft until one day Blizzard removed the damage component from a siphon life spell which his character, a warlock, used. He quit, cried himself to sleep that night and never forgot the horrors that centralized services can bring. He spent a year searching for a new purpose in life, which led him to the world of cryptocurrencies.

Vitalik first heard of Bitcoin from his father, and the decentralized and uncontrollable nature of the bitcoin market attracted his interest. To start with, he had

neither the computing power to mine Bitcoin nor the cash to purchase them. But what he did have was the ability to write, so he began writing articles for Bitcoin Blogs earning 5 Bitcoin per article (which now would be a healthy sum of money \$32,500 USD). In 2012, he traveled the world and co-founded an online news website called Bitcoin Magazine.

A trip to Israel in 2013 changed his perception of the cryptocurrency market and the potential uses of blockchain technology. Vitalik came up with the idea of a platform that would go beyond the financial use cases allowed by Bitcoin. He wrote a white paper (a document used to highlight the features of a product) describing this alternate platform. Being that it was functionally different than Bitcoin, he called it “Ethereum.” Simply put, Ethereum is a decentralized software platform that enables Smart Contracts and Distributed Applications to be built and run without any downtime, fraud, control or interference from a third party (like a bank).

In its initial crowd sale, Ethereum raised more than 31,000 Bitcoin from the cryptocurrency community (valued at \$18 million USD at the time) and was the third most successful crowd sale of all-time. Beyond the financial aspects of cryptocurrency, which include wealth building, Vitalik summed up his brilliant vision of the greater market by saying “If crypto succeeds, it’s not just because it empowers better people. It’s because it empowers better institutions.”



STOP THE VIOLENCE.
DON'T TEXT AND DRIVE.

Spotlight



being from Korea, and his father originally from Nigeria, Han was often made to feel ashamed of the way he looked. “There are so many prejudices about darker skinned people in South Korea,” he said in an interview with *TIME* magazine. He remembers how when he was in kindergarten, some of the mothers on the playground would tell his friends, “Don’t play with him. If you play with him, you will become darker too.” But Han, who was discovered on Instagram by a Korean modeling agency when he was 15, has made the best of a difficult situation. Han recognizes many are passed over in casting decisions because of the way they look,

One of the most popular male models in South Korea, Han Hyun-min, has gotten used to standing out. As the oldest of five children, and the only one who doesn’t speak English, Han grew up in a largely homogeneous Asian society. His mother

but he hopes his rising popularity will help make South Korea’s beauty standards more inclusive. “My dream is now a reality,” he told *TIME* in his interview, “and I want those like me to feel they can achieve the same.”

New Ideas

Nearly every time you travel by air from place to place, airports ask you to take all the electronic devices out of your carry-ons. Not long ago, someone asked the question: if medical imaging devices can see inside the human body, why can’t airport scanners see inside our luggage? Stepping in to save the day, Analogic Corporation adapted a Computer Tomography [CT] Scanner that is usually used for medical diagnostics to produce 3D images of the inside of carry-on luggage. Often, repurposing, or using something designed for a specific purpose, can be used in an entirely different setting to serve another purpose. Can you think of something that can be repurposed?



THE SINGLE BEST THING
YOU CAN DO TO ATTRACT
PEOPLE INTO YOUR LIFE
AND TO TRIGGER AN
AVALANCHE OF
OPPORTUNITY IS TO MAKE
SOMETHING BIG HAPPEN,
SOMETHING THAT
CAPTURES ATTENTION
AND WHICH POINTS ALL
EYES IN YOUR DIRECTION.

- Gary Ryan Blair

The Traveler

BE MINDFUL OF YOUR SURROUNDINGS

The Mekong River is one of the most spectacular places in Asia. When that azure sun dips below the horizon and that cool river breeze tingles across your back, you can understand what motivated Sir Arthur Conan Doyle to write *The Lost World*. So inspiring are the sunsets that the first time I saw it, I failed to see a pair of round, curious eyeballs gliding quietly beside my boat. My focus became even clearer when the eyes dilated. I clenched my wooden oar (as if to swing) and locked eyes with the creature.

I did not blink...

Not once, you understand. Blinking to a predator is cause for confrontation. Neither of us had the will to act, so we quietly watched the sunset together, a lost drifter and an at-home, saltwater crocodile. He flashed a toothy grin, then disappeared into the murky waters.

I sighed... lucky me. I was not so lucky when I was in school. I failed to realize where I was and to take note of my surroundings. For some, High School can be a jungle, not unlike the Mekong, full of predators, dead-ends and booby traps.

Tattoo this behind your eyelids: You are what you consume. If you eat a burger once a day and you're bouncing



AP PHOTO

Alex Schrader

off the walls: cut the burger. If you're jumpy or hyperactive, simply add up the number of Cokes and flavored waters you drink in a day and cut it in half. See if you're jumpy or hyperactive or have sweaty hands in a few weeks. If you're full of pent up frustration and insomnia after listening to throbbing hip-hop: play softer music. Don't spend too much time on social media, either. It can make you lazy and voyeuristic. Get as much sleep as you can, trust me. You will have plenty of time to party into the wee hours after graduation. But more importantly, you'll notice you're happier. Sleep is how the body repairs itself. You put it through a lot every day. It

Global Leader Today 10 Summer/Fall Issue

really needs it and your skin will love you for it.

Don't waste your time trying to impress a teacher unless you know for certain you can use them for something, like getting an internship, a part-time job or a letter of recommendation. If your teacher is always criticizing you or picking you last... find another teacher to help you.

Last but not least, computers are your family. They are the only thing that will do everything you ask. I encourage you to play as many games as you can, study and experience virtual reality as much as you can, learn to program if you can, trade cryptocurrencies, create a blog or a podcast for your fellow students and direct them all to a website of your creation. As you build a track record, future colleges and employers will do their research of you online. Remember, theatricality is a powerful tool in swaying the minds of those outside your inner circle. With each and every step, it will enable you to become the master of your territory.

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SAVE PAPER



AUDIOBOOKS

ON THE MAP



1. Genetically Engineered Mosquitoes

Thanks to \$70 million in support from the Bill and Melinda Gates Foundation, three research teams under Project Malaria have gained permission from Burkina Faso's government to release up to 10,000 genetically engineered mosquitoes in the coming year. This is the first time any genetically modified animal would be released into the wild in Africa. These genetically engineered mosquitoes would have a "sterile male" mutation, preventing all males from producing offspring. In 2016 alone, nearly 216 million people were infected with malaria, and almost 720,000 people were killed by the parasite (nearly 90 percent of whom were in sub-Saharan Africa). This program further emphasizes the importance of education in science, and hopefully spurs additional support for enhancing the STEM curriculum in schools around the world.



Photo: Courtesy Volvo Trucks

2. Volvo Introduces Vera, the Future of Autonomous Vehicles

Volvo Trucks in Sweden has unveiled the latest advance in driverless trucking. With the increase in ecommerce from Amazon and Alibaba, there is an increasing shortage of truck drivers. As a solution to the problem, Volvo introduces Vera, an autonomous, electric vehicle that can operate with significantly less exhaust emissions and low noise levels. Vera is controlled and monitored through a cloud-based system, and has the potential to make transportation safer, cleaner and more efficient. To watch a video of Vera, go to Youtube: <https://youtu.be/2Gc1zz5bl8I>



Photo: RIA Novosti

3. France Wins!

In front of 78,000 fans in Moscow this summer, France delivered a 4-2 victory over Croatia to win the 2018 FIFA World Cup. Without a doubt, the World Cup has become the most widely viewed sport on the planet and generated a record \$6.1 billion dollars. With a current global television audience of 3.4 billion people, Chinese President Xi Jinping recognized the importance of the event back in 2015 and made soccer a national priority. Though China and the United States didn't qualify this time, we can expect to see even bigger numbers in the future when they do.



UP10TION

Global Leader Today Interview

By Jess Tyler

K-pop: It's the movement of the moment that you may or may not have witnessed yet. The murmurs you heard 5 years ago have now reverberated into a booming, orchestral pitch. For the uninitiated, K-pop is a style of music originating in South Korea. Dripping in detail, originality and finesse, it's a performance heavy genre with as much love given to its slick, free-flowing choreography, as to its joyous bloodbath of fashion.



One of the bands making waves in this music meridian is the phenomenally gifted UP10TION. The supergroup consists of 10 members: Jinhoo, Kuhn, Kogyeol, Wei, Bitto, Wooshin, Sunyoul, Gyujin, Hwanhee, and Xiao. Debuting in 2015 with their single “So Dangerous”, they consistently released a series of mini albums that showed off their different artistic sides. They’re now ready to welcome you to what looks to be their most ambitious project yet: Their first full album, Invitation.

When ten diverse, beautiful crystals come together, they reflect and enhance each other’s luster and brilliance, while simultaneously radiating their own, and that image is at the heart of this band, which is as much about music as it is about camaraderie. UP10TION illustrates a new language, showing a sense of compassion, warmth, and strength that can come from your friends and/or being a friend.

They generously offered us the opportunity to talk to them in the midst of their album release. Whether you’re new to the scene or a lifelong diehard, this is definitely a band that will grab your heart and get you dancing!

1. What’s one thing you want new fans to know about you?

JINHOO: Daily me. Me in real life is different to me on the stage, and I believe people will be attracted to me once they get to know the real me.

KUHN: Different to how I seem, I’m a soft guy.

KOGYEOL: Me on the stage. In

fact, I am a warm person.

WEI: First be my fan, and you’ll know more about me!

BITTO: I have tons of charms! I bet you’ll get in to me.

WOOSHIN: I am back!

SUNYOUL: My song! I will cover lots of songs so that many people can see me singing.

GYUJIN: I am always out of line, so keep an eye on me!

HWANHEE: There are tons of things I would like to show. So let’s get to know each other. I love you, future HONEY10!

XIAO: I’m always cheerful, and I would like people see the bright side of me! I would like people love just who I am.

2. Who was your childhood hero?

JINHOO: My father

KUHN: My father

KOGYEOL: My father. I’ll never forget the back that protected me.

WEI: Myself! I was the hero!

BITTO: My parents

WOOSHIN: My mom. There’s no reason. She’s the beginning and end of my life.

SUNYOUL: Mommy

GYUJIN: My father! He has been and will always be my hero.

HWANHEE: Definitely my father

XIAO: My daddy

3. What song was stuck in your head today?

JINHOO: Our new title song ‘CANDYLAND’!

KUHN: UP10TION – CANDYLAND

KOGYEOL: DNA, the whistle sound is stuck on my mind

WEI: CANDYLAND ~

BITTO: UP10TION – So Dangerous

WOOSHIN: Justin Bieber – As long as you love me

SUNYOUL: Mommy

GYUJIN: The simple things of Michael Carreon

HWANHEE: One Republic – counting stars

XIAO: K.A.R.D. – Oh Na Na

4. What quality do you look for in a leader?

JINHOO: Consideration. If there is no consideration in a team, people get to fight a lot.

KUHN: Tolerance, courage, sense

KOGYEOL: Leadership. Someone who has leadership leads a group.

WEI: Member care, the ability to differentiate business

BITTO: Friendliness and matureness

WOOSHIN: The ability to take care of everyone

SUNYOUL: Honesty, rightness, moderation power and broad-mindedness

GYUJIN: Leadership is very important in a leader

HWANHEE: Open ears

XIAO: Trustworthiness, consideration. A leader should be someone who can lead through any hardness!

5. If you could have cookies and milk with any living icon, who would it be?

JINHOO: Ki Hong Lee. He’s a representative Korean-American actor in Hollywood and he always shows magnificent performances, which makes me admire him.

KUHN: Kanye West. He’s an icon of rappers, and as a rapper myself, would like to have cookie time with him.

KOGYEOL: Gordon Ramsay, I

would like to tell him that I want to try a steak made by him one day.

WEI: I, myself, would like to become a living icon and have cookies & milk with other people.

WOOSHIN: Warren Buffett, there's many things I would like to learn from him

SUNYOUL: Ariana Grande! She's a pop singer who I listen to the most these days.

GYUJIN: BoA! She's been a singer since young. I would like to meet her and learn lots of things from her!

HWANHEE: HONEY 10 (our fandom). They are living icons to me.

6. Popsicles come in a bazillion flavors, what's your favorite?

JINHO: Sweet flavor (But I don't like too sweet flavor)

KUHN: Cherry and lemon

KOGYEOL: Strawberry

WEI: Grape, strawberry

BITTO: The flavor doesn't really matter. Popsicles given by my members are always the best.

WOOSHIN: Cola, grape, plum

SUNYOUL: Propolis flavored candy!

GYUJIN: Apple

HWANHEE: Apple? Some kind of fresh flavor!

XIAO: I like all kinds of popsicles!

K-pop has fans all around the world. Its global presence is

growing daily. This has led to more bands holding concerts internationally so that one can experience this fun, fresh synesthesia in person. If you want a chance to meet UP10TION face to face, you're in luck. To put the cherry on top of their new album release, UP10TION has announced dates for their first-ever tour coming to America! Beginning on June 15th, and going to 10 different cities, it'll surely be a welcome whirlwind for fans and them alike!

(Credits: Special Thanks to Hee Min You @ TOP Media!)

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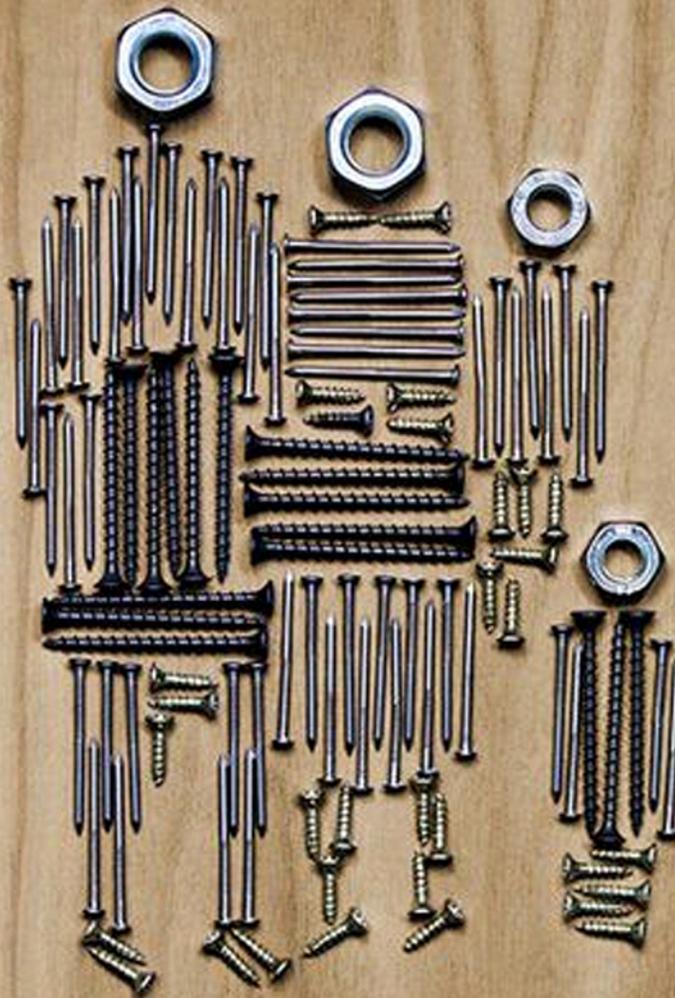
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Stories for a Future

By Lindsay Shaffer

High school student Fatima Yousuf from San Jose, California has made it her mission to improve literacy rates in low-income neighborhoods. She does this through her nonprofit organization called Stories for a Future, which provides books and literacy programs to children in need. “Education is one of the biggest agents of social change and social mobility,” says Fatima, age 16. “That’s what really encouraged me to start Stories for a Future.”

When asked about her personal connection to children’s literacy issues, Fatima recalls her own childhood. “I attended a religious type of school and a lot of kids there did not learn English as their first language,” Fatima says, “so they really struggled a lot.” Fortunately, Fatima’s parents placed a high value on reading. “My parents always encouraged me to read books a lot, so I became pretty proficient in English at that age. Yet I noticed that a lot of kids weren’t.”

As Fatima grew older, she continued to notice limited access to educational resources in low-income communities. As a passionate

student herself, she wondered if there was something she could do to help. “Just living in the Bay Area we have lots of refugees and people who are first generation immigrants,” Fatima explains, “and they have a hard time learning how to read. Like I said, education is one of the biggest agents of social change. So that’s why I specifically targeted literacy.”

With a full class schedule and extra curricular activities, Fatima wasn’t sure how she would balance her own education with starting a nonprofit. Yet, she knew she wanted to do something that would have a positive impact



on literacy and education in her local community. She also knew she would need a dedicated team of volunteers to help her achieve her dream.

One of the biggest obstacles Fatima faced in starting her nonprofit was overcoming her own discomfort in asking her friends to join her cause. “We’re all high schoolers and we already have lots of other stuff to do,” she says. “So I felt really bad in a way, asking other people to make the commitment. Eventually they started to see what good came out of doing charity work through Stories for a Future and they started making the commitment as well. That was a pretty big obstacle, getting people to come everyday.”

At times, Fatima doubted whether or not her dream was even possible. She didn’t know if she could start and run a nonprofit as a sophomore in high school. During these times of doubt, her mom offered support and encouragement. “After my mom saw that I was putting in the commitment and putting in the hours, she really encouraged me. So even when I was being hard on myself, she kept telling me ‘you put in so much commitment to this, you can do it.’”

Fatima’s mom was able to provide practical assistance as well. “My mom is involved in lots of non-profit work, so she helped me a lot. She



continues to challenge herself to find new ways to contribute to her community. In the near future, Fatima hopes to expand the scope of her nonprofit by starting a tutoring program. In addition to her nonprofit work, Fatima teaches financial literacy by writing articles for a publication called *Amazing Kids! Magazine*. She has also recently become a member of the youth advisory council for a nonprofit organization called GenerationOn.

When asked what advice

she would give to other young people who want to make a positive difference in their community, Fatima didn't hesitate. "I would just say go for it. I mean, if you don't feel like something is a big risk, maybe it's not that big of a step. Every big thing that people have done over history had risk. People always had reservations about it. But if it's something that they really want to do and they feel like they can do, then I say just go for it."

guided me through the 501c3 process. She was a huge help in organizing all of this."

Today, Stories for a Future hosts book drives and provides books to children in low-income neighborhoods. The nonprofit also sponsors a summer reading program called the Hundred Books Challenge. Every child who reads a hundred books or more at grade level receives a prize. According to Fatima, "we encourage them through prizes. So the more books they read, the more prizes they would get. We offer gift cards, certificates, medals, things like that. I think we had a pretty good turn out."

Now an even busier junior in high school, Fatima





IN EVERY PENCIL
THERE IS AN IDEA
WAITING TO BE
DISCOVERED.





St. Louis Children Can “Grow Healthy” Thanks to Local Teen

by Elissa Einhorn

When Sophie Bernstein asked her parents if she could build her own vegetable garden, they feared their then-12-year-old daughter wasn't quite responsible enough. Their reply? A disappointing “no.”

Undeterred, the outdoor enthusiast who loves digging in the dirt, came up with an alternative plan, transforming her personal desire into a community service project. Her parents acquiesced, having no idea that their daughter was on the verge of changing the nutritional landscape for one of St. Louis' most vulnerable populations.

Welcome to Grow Healthy.

Wasting no time getting her backyard garden growing, Bernstein, now 17, remembers how she decided to donate the surplus from her flourishing crops to a local food bank. Her initial excitement turned to concern as she arrived and took stock of the inventory—shelves lined primarily with unhealthy snacks and little fresh produce.

“I quickly realized the disparity between areas in St. Louis,” she explains, using the term “food deserts” to describe what she saw. “People want (fresh food), but they don't have access to it.”

The budding teenager recognized that her garden could be used to not only help combat childhood hunger, but also to help fight

childhood obesity. Armed with a family tradition of volunteerism, giving back, and being of service (her father and sister both serve in the military), Bernstein provided the wood, dirt, and other materials needed to build her first community vegetable garden.

“I went to the YMCA and donated the garden,” Bernstein says of that first step, which led to her next step. “I realized I could also teach kids so it became a service learning project. I began in preschools, teaching kids how to plant a bed and take care of a garden, and about healthy eating.”

After receiving an enthusiastic response from preschool administrators, Bernstein went to work. With 3- and 4-year-old assistants at her side and



advice from St. Louis' Botanical Gardens, Bernstein planted several herbs and vegetables, among them basil, mint, tomatoes, cucumbers, lettuce, zucchini, and eggplant. While her little helpers got messy, the teen talked with them about the humble beginnings of foods that many had never seen in grocery stores, never mind in their lunch boxes or on their dinner tables.

"Kids had never seen produce," the Clayton High School student recalls incredulously. "They didn't know where it came from. They ate a lot of processed food items because they last longer."

Realizing the potential of her venture, Bernstein began recruiting others teens via VolunTEEN Nation, an online platform that encompasses

and encourages a spirit of volunteerism by matching teens and young adults with volunteer opportunities nationwide. Since Grow Healthy's inception, she has trained more than 750 volunteers who have helped build, plant, and maintain local gardens.

"I wanted to give back around something I was passionate about," Bernstein



near Indianapolis, and the city of Olean in western New York State.

Although she is busy planning for college, the high school senior shows no signs of slowing down. She hopes to expand Grow Healthy to other Midwest cities and she has developed a tool kit that contains wood, seeds, and other basic gardening fixins', along with a curriculum, so preschools can plant their own gardens and become sustainable.

Despite her parents' initial trepidation, Bernstein credits them with helping her toward success by not only being positive role models and for driving her around town, but also for encouraging their daughter to persevere even when other people told her "no," which was, ironically, their first response to their daughter's garden proposal! So persevere she did and she encourages other teenagers to do the same.

"If preschools told me 'no,' my parents said, 'go back and be persistent,'" Bernstein says. "They also told me not to be afraid of making mistakes because making mistakes is how we learn."

explains. "I wanted it to be bigger than myself. Youth have the power to make a difference. We gave them that opportunity to give back."

And give back they have. Since 2012, Grow Healthy has built 30 gardens, the majority of which are in preschools and crisis nurseries; donated 35,000 pounds of produce to local food banks; hosted more than 1,200 teens at monthly

workshops in churches, synagogues, and schools; and clocked nearly 40,000 volunteer hours. Bernstein alone has logged more than 3,500 of those hours on various aspects of the operation—from planting to harvesting to delivering food, to leading workshops and sports clinics, and to being the visionary for the organization, which has expanded to Zionsville, located

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Why Eat to Live When You Can Live to Eat?

by Randy Gold

Logan Guleff has been named one of the Most Influential Teens by *Time Magazine* and a James Beard Blended Burger Winner. Since becoming the 2014 MasterChef Junior champion he has become a rising star in the culinary world. Logan was named Southern Living's Best New Southern Cook and earned a spot on *Fortune Magazine's* 18 Under 18 list; he's also the youngest certified judge for the World Championship Barbecue Cooking Contest in Memphis, Tennessee, and the youngest chef to cook at the historic James Beard House in New York City. Early this year, "Logan's Chef Notes and Half Baked Tales" won the prestigious "Best in World" Gourmand Award for first cookbook, and he recently presented a TEDx Talk on the subject of "The Art of Flavor."

GLT: You've referred to yourself as a flavorist. Can you tell us what that means?

LOGAN: There's a lot of chefs out there, and a lot of different classes of chefs, and for me I kind of created my own: a flavorist because I focus on flavor and I layer it and I develop it and I nurture it. Through almost every one of my dishes, there's a lot of complex flavor mechanics mixed into it. Since I spend so much time on flavor, I often get very rolled up and lost in it.

GLT: Recently you returned from a trip to Japan

and China. How will that trip influence what you do as a flavorist?

LOGAN: One of the things I found in Japan and China and my entire Asian experience was their outlook on flavor and how their ingredients contribute to that flavor. Of course, I brought some of them home. When you have more of the local ingredients, like I bought some of the local salts, which are kind of really important to me, because if you want to cook a traditional, regional dish, you have to have their salt because it has



a lot of nuances that you can't really get without it. I definitely think that having some of those more interesting and exotic ingredients will definitely add a lot of unexpected flavors. Especially once I start putting different techniques on them, like searing them, and chopping them and roasting them and smoking them and seeing what kind of flavor I can coax out of it.

GLT: In your TEDx talk, you said, "Here is how I paint with flavor..." This idea that food is art, that one should experience the food with all their senses ... where did this come from?

LOGAN: That came from how I see my own food. One of the things that happens to me a lot since I have a very heavy presence on social media, I have to cook a lot for the camera. I think that that's not a really accurate representation of a lot of my food because you can only see. You can't taste. You can't hear. You can't smell. Experience. You can't live through it, so having only one sense available to you is extremely limiting, especially

when I'm forced to focus on the thing that I focus on at the very, very end. Honestly, I put the least amount of work into making my dishes look nice, because every second I spend plating, every second I spend trying to be a traditional artist, I'm losing a second that I could have worked on the flavor. I'm losing a step. I'm losing smoking it, and then roasting it and then freezing it. And then adding all these textures and flavors... I can't bare to invest time into something that really doesn't do much to the dish, because as soon as you put your fork into it, everything kind of becomes a mess. So, why should I be spending hours on plating with tweezers when I could spend hours on so many other things? One of the things about Supertasters is that they always breathe in right before and as they're taking their bite. Smell and taste are so interconnected, that you know, aromas are really, really powerful. I kind of chose the idea that food is art. I went with that because everyone can say "yes, food is

art." There's a painting on the plate, but I wanted to show you the painting in the flavor. It's kind of this radical concept that you can finally see and experience flavor and texture with just looking at it. The art of flavor.

GLT: Have you been influenced at all by Zen or maybe mindfulness?

LOGAN: Definitely. I do meditate. When I meditate I often question myself. Like, where am I most effective? Where should I be banking most of my hours? What should I be doing? How should I be experimenting? All these kinds of questions that kind of make you go: hmm, I didn't really think about food that way. I didn't really think of my mise en place that way. You know, I just really try and make sure that everything has the most developed and balanced and delicate flavors that I can get out of an ingredient. Even if it takes like using celery root. It's a great, great ingredient. It's kind of earthy and it's got this really deep, balanced celery flavor that's just wonderful,



and roasting it is such a great tool, but then when you start asking yourself: well, what else can I do? How can I get a fresh flavor out of this? What if I use the stuff closer to the stem? You know, it's all the tiniest things that make it incredible, especially in a dining experience.

Another way that I really expresses my zen-ness inside of my craft is that I never cook the same thing twice. The more I look at this, the more Zen it is, the more moment, because I only make a dish once. I can't even follow my own recipes. If you look at it that way, I'm kind of a failure at my own chef. What, you're a chef and you can't follow your own recipes? You wrote this! But it's like: I got no clue. I'm always moving on to the next thing.

GLT: Gordon Ramsay was one of the judges when you won MasterChef Junior. Is he a mentor to you now?

LOGAN: A little bit, but he's very busy. One of the things that he said at the Popup Restaurant that always rings in my ears whenever I cook is: if it's not your best, you shouldn't be

putting it out. It's why he is so much better because he won't let it leave until it's perfect, until it's your best. He'll just throw it away before then and say: oh, this isn't your best. Do it again. That kind of tough love was really strong and it taught me a lot there.

GLT: You've said before that in finding your own inner-super power, that it is your ability to grit and grind. What does that mean?

LOGAN: In Memphis here where I live, where I was born and raised, it's kind of our

thing for our NBA team is grit and grind. Like just keep at it, grit and grind. Go through the muddy parts and the rough parts. It's something that kind of the whole city shows. You can see it in the faces of the people that are here. You can see it in their jobs and how they're gritting and grinding through them, and when we are faced with a problem we just grit and grind through it.

Sometimes it's easy to get un-inspired. Especially when you have pressure to make everything your best. Growing up, the pressure to show everything and to share everything... you know, everyone has a bad day in the kitchen. Grit and grind kind of helps me through the days when I burn everything. Everything just goes bad. If you've ever been in the kitchen, you know what will happen. You know, it just won't work. And those days, you've just got to step back and say okay, take a deep breath, and go order a pizza.

GLT: What advice would you



like to share with other young people about dealing with the media or being a celebrity?

LOGAN: You always have to think about your image. You always have to think about what kind of person you are and who you want to be. You have to understand what you carry with you everywhere. I carry my brand with me everywhere. Anything I say, someone will pick up on. It makes it much harder to be silly with friends and adds a lot of pressure. You've gotta be really careful sometimes, especially when you get into these more difficult and more emotional situations where, you know, someone's yelling at you. You want to yell back, you want to scream back, especially to the trolls, and you just want to fight back at it all, but you can't because your hands are tied by all the work you've accrued and all those hours that you put into it. If you start down it, you'll burn your brand. Any brand can burn in an instant, and you know,

you've got to be very careful. Always remember who you work for, what your dreams are and where you want to go.

GLT: What are a few things you want people to know about Logan Guleff that they don't usually see or read about?

LOGAN: I try and be a lot of fun. I try and make jokes and I try and have fun. You know, the kitchen is usually a very serious place for a good reason, but you know, there's still so much fun that can be had. Like you can go: ah man, I never expected that to work but it does. There's so many simple things that you can do in the kitchen that are amazing, like making homemade pasta. I just try and have a good time and I try and keep it all together and you try and make sure you stay true to yourself and your dreams. You don't forget it.

One of the things that I always thought about when I was littler and I was cooking was that you always need to eat. Let's say I wanted to be a mechanic. Cars

could go out of fashion and everything could be replaced by trains, but you're still going to need to eat. You're always going to need to eat. Three times a day. It's one of the few things you've gotta do. There's no way around eating, so why make it a pain when you can make it so much more? When you can make it like going to an art gallery. When you can make it into a memory. Why eat to live when you can live to eat?

GLT: Lastly: what advice would you like to share with other young people about finding their own inner super power?

LOGAN: No matter where you are, as long as you're the best you, you can be, and you strive for your dreams and your achievements and you just go for it, you can make it anywhere. Don't let anything stop you.

Follow Logan's Blog at: <http://orderupwithlogan.blogspot.com>, on Instagram @Logan.Jr.Chef or find his Gourmand award-winning cooking book online at: <https://loganschefnotes.com>



CURRENT EVENTS

AROUND THE WORLD IN JUST TWO PAGES

By Randy Gold

VIETNAM AND PUTTING THE FAST IN FAST FOOD



In 2014 when McDonalds first opened in Vietnam, crowds waited hours in line to try something new, but the fad soon wore off. After 4 years in the country, they have only opened 17 stores in the entire country. Their original plan was to have 100 stores within 10 years. Though they still have time, something has obviously gone wrong. In both China and Japan, McDonalds has seen tremendous growth, but a recent study determined that the majority of fast food consumption in Vietnam is from street vendors who prepare popular local foods quickly and at a lower price. Some fast foods seem to thrive in Vietnam, like KFC and Pizza Hut. A study showed that the dynamic may have to do with the cultural habit of sharing food at meals. A Big Mac, after all, isn't something you share. The lesson big business is learning is that not all products work in all markets. Still, McDonalds has very deep pockets and hasn't given up yet. Perhaps their new menu combos, like grilled pork, rice and egg will make a difference. Time will tell.

WAKING FROM THE DREAM



In 2016 when the Summer Olympics visited Rio de Janeiro in Brazil, hopes were high that the infusion of billions of dollars into the local economy would change the lives of the local people. There were plans to develop a world-class sporting program, and open modern, state of the art venues that would transform the poverty they'd know for so long. Today, if you do your own research online, you'll find that life isn't better for Rio or its people. The majority of the venues used for the Olympics sit vacant or have been vandalized, and the money that came in didn't end up where it was meant to go. Without naming names, or trying to determine fault, we challenge you, in that Rio should be a lesson to the young people who will run the future. Global leaders are best served in studying the past so they don't repeat the same mistakes. If you are one of them, our future depends on you.

EYE ON THE PRIZE

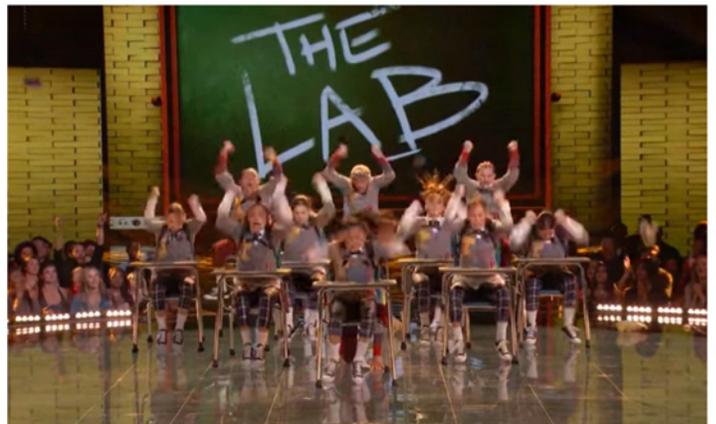


Photo: Courtesy NBC World of Dance

On September 12th, fifteen young dancers [9 to 17-years-old] from West Covina, California, came back to The World of Dance Finals the second year in a row and this time they danced away with the \$1 million dollar prize. One of the dancers, Logan “LogistX” Edra, now 15, talked about how they not only added five more dancers this year to make them stronger, but that “...we also went into season two with a more bold intention. We just wanted to go in planning to win the show rather than just trying to make it a certain amount of rounds. We just went in with a winning mindset, which is different from season one.” To watch a compilation of all of their performances, including their final dances, visit Youtube at: <https://youtu.be/ao62pFdQrHc>

he just wanted some extra money. The key to Rylan’s growing success is in finding a need and figuring out a way to fill that need. Rylan left us with some sage advice: “I’ve learnt so many crazy things through trial and error. Every day I fail somewhere but I always try to get better. My biggest failure was when I first set up everything and thought it was what everyone else would like but it’s a shock when you see people not enjoying what you’re doing. It makes you want to cry a little bit but then you polish the product and keep going,” he said. To see Rylan’s latest success story, visit: <https://parkingdealsaustralia.com.au/> and remember: this was created and is being run by a teenager.

WOMEN ARE ALLOWED TO DRIVE IN SAUDI ARABIA

OPPORTUNITY IS ALL AROUND US



At 16 years old, Rylan Kindness from Brisbane, Australia used to witness first-hand the challenges his parents faced trying to find a parking place in the city. With over 2.4 million people in the immediate area, parking can often be a nightmare. While it’s true there is a variety of paid parking, the problem is that rates are different street to street. After putting some thought into it, Rylan came up with the idea for an online system. The system he developed, called Parking Deals Australia, takes the hassle away by showing users the best price for parking in the area they want and offering users a daily deal with a discount. In truth, Parking Deals Australia isn’t even Rylan’s first business. When he was barely 11, Rylan came up with an idea to sell wholesale scooter parts online, purely because



Recently, the ban on women having a license or driving in the kingdom of Saudi Arabia was lifted. Many people in the months leading up to the change had protested, and there were even threats made. Some staunch conservatives argued that driving could lead women to behave sinfully and expose them to harassment. Some men have vowed to target women who dare get behind the wheel. In the wake of such threats, the Saudi government implemented an antiharassment law recently. In the early hours of Sunday, women from across the kingdom posted on social media photos and videos of themselves driving, amid a heavy presence of police cars in major cities. Parking reserved for women has been already introduced in several malls, hospitals and other public spaces. Road signs are beginning to change to address female as well as male drivers. No matter where you look in the world, there are signs of change.



A Fireside Chat...

with Alex Schrader

If history has proven anything, have no faith in words like “last” or “final.” I’m opting for a new direction. I will no longer be giving one “last word” about how the past few weeks, months and quarters have gone, but chats. Fireside chats. When I picture a fire, I picture a place where everybody can find warmth of some kind. We are all... chatting, as it were... by the fireplace.

As I take a sip of green tea, I must say we are moving fast. Brilliant kids like Fatima Yousuf are forming 501(c)(3)s (which in the United States are non-profit corporations) to provide books to other kids in impoverished neighborhoods. As a confirmed advocate of the vegetarian diet and one who understands the dangers of processed foods, I commend Sophie for following her passion. To see careerists like Logan Guleff and Vitalik Buterin blazing

earth-shattering, pop-culture trails in their respective industries is a sight to see. Logan may very well become the Anthony Bourdain of his generation, while Vitalik’s impact may be equal or greater than Bill Gates. When I first saw UP10TION, immediately the groups N’sync and the Backstreet Boys came to mind. K-Pop has a power... a power I haven’t felt since hip-hop. If this publication is about highlighting people who can change the world, K-Pop will... especially in Asia.

Last but not least, I cannot wait to chat about games... all kinds of games... from “Farmville” to “Call of duty Black Ops 4”... to legendary Korean gamers like MMA and MC, who like the Lion and the Tin Man in the “Wizard of Oz” are leading us by the hand down the yellow brick road of tomorrow.

"Those who are crazy enough to think they can change the world usually do."

- Steve Jobs



Think different.





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GALACTIC

Virgin Galactic is transforming access to space. We will provide affordable and safe launch opportunities for private individuals and research payloads via our human space flight system, and for new orbital technology via our small satellite launch service. Thanks to their innovative design and low prices, these vehicles are built to dramatically increase the frequency and safety of space flight. Our human spaceflight business aims to fly more people to space in its first few years of service than have been there through all of history. Our small satellite launch vehicle will open up the space frontier to innovators of all sorts, from start-ups and schools to established space companies and national space agencies. By achieving these objectives, Virgin Galactic will be playing its part in better connecting Earth with the potential of space.

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